



Barrack Heights Public School

HUNTER STREET

BARRACK HEIGHTS 2528

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'WORKING TOGETHER'

NEWSLETTER

2018 Term 1 Week 9



YOU CAN DO IT!

Weekly Focus – “We are organised and set goals!”

TERM 1 – IMPORTANT DATES

What's On

27 March – Tuesday Stage One Students – Killalea Excursion

29 March – Thursday

09:30am – 11:00am Easter Hat Parade

- Easter Guessing Competition Drawn

11:10am – 11:50am P&C BBQ Sausage Sizzle

- \$2 Sausage Sizzle
- \$1 Juice Poppers
- \$1.50 Soft Drink
- The IMB will also have a stall setup to talk about School Banking.

29 March – Thursday Parent/Carer Workshops

Location: Library

12:00pm – 12:20pm Teachers and Community Helpers Information Session by Ms Parkes

12:20pm – 01:00pm Communication is Key – Practical Ideas by Jessica Buchelin, Speech Therapist

01:45pm – 03:00pm Kindness on Purpose Parent Seminar by Katrina Cavanaugh

30 March – Good Friday (public holiday)

What's Ahead

01 April – Easter Monday (public holiday)

04 April – Wednesday K-2 'Keeping me safe' talk presented by *Senior Constable Lori Hanley*

05 April – Thursday Stage 3 Cinema Excursion

06 April – Friday Sport Assembly

10 April – Tuesday Stage Two Excursion – Art Gallery of NSW and Royal Botanic Gardens

12 April – Thursday Anzac Ceremony

Parent/Carers Corner “Pretend Play”

Dear parents, carers, community members and students.

Last Monday, we conducted a special assembly where the Barrack Heights PS Parliamentarians participated in their official parliament induction where parents/carers and student leaders from Warilla HS officially presented each parliament member with their office badge. As I said in my speech at the assembly these students have accepted responsibility and demonstrated their commitment to being positive role models who will maintain a high standard of conduct, attitude and citizenship. All our parliamentarians understand it is an absolute privilege to have been appointed to their respective parliament positions. I look forward to our children taking ideas and /or initiatives to our parliamentarians to enable parliament members to experience the democratic process first hand. This will also provide our children with a voice with all aspects associated with our school.



It is with pleasure I present to you our draft school plan 2018-2020. The plan is a blueprint that outlines how the school will expend it's resources, the major areas of focus for our work and the evaluative processes we will engage working towards improving student learning outcomes. The plan is located on the school's website at <http://www.barrackht-p.schools.nsw.edu.au/our-school/school-plan> . Can I please encourage you to take the time to consider our draft plan and provide any feedback you believe will strengthen particular areas of our work. Your suggestions can be emailed to barrackht-p.school@det.nsw.edu.au or left in writing at the office. The plan has been discussed and endorsed by our P&C and staff. It is currently with our School Parliament for comment. The deadline for suggestions is 3 April 2018.

Thank you to the Dental Clinic, Centre Health Medical Centre for their \$200 donation and dental packs for our kindergarten children.

The School Education, Health and Safety Parliament Committees and Mrs Wheeler did a fabulous job at organising Vegetable Week last week. Our wonderful breakfast team served veggies each morning and the 'Big Veggie Crunch' event was a hit with our children. Thank you to all the families that sent sliced carrots and celery sticks.

Congratulations to all our children who represented Barrack Heights PS at the football knockout competition last week. I believe the boys played with skill and dedication.

The school's Debating Team completed their training at Shell Cove PS and are now equipped with the knowledge and skills required to compete in the Primary Schools Premiers Debating Challenge. Please see Mrs Maranesi's full report in this newsletter.

School photos went well last week, however, I believe some families may have missed out on their family photo. If your children missed out on their family photo can you please leave your contact details at the office. We will contact the photographers and communicate future photo sessions where you could have your family photo taken. My sincere apology if this affected your family.

I believe our P&C were extremely pleased with the amount of Easter eggs donated as part of their “Mufti Day – Sport Theme” fundraiser. Thank you to all the families who supported our P&C.

Have a wonderful week and a fabulous Easter long weekend with your family and friends.

Mrs Kocovska
Principal

Kids Helpline 1800 55 1800
Lake Illawarra Police 4232 5599
Crimestoppers 1800 333 000

Junior Cross Country Carnival

On Friday students from K-2 participated in the Junior Cross Country carnival. While the parent's cheered them on, the student's competed in year order. Under the watchful eye of the older Year 2 students, who were the course marshals, the races ran smoothly. There were lots of smiles, sore feet and tired kids. A fun time was had by all.

Ms Cole



Premier’s Debating Workshop

On Wednesday 21st March the Barrack Heights School Debating Team participated in a training day at Shell Cove Public School. Our team are now equipped with the skills they need to compete in the Primary Schools Premiers Debating Challenge. This involves four debates over term 2 with other local schools. The students learnt about the roles of each speaker and about the importance of rebuttal. All students were given the opportunity to give a short speech on a topic and received feedback. The trainers were fantastic and very entertaining. Thank you to Charlie Gonzalez who provided Barrack Heights students with detailed feedback. Charlie is an ex Barrack Heights Public School student currently at Wollongong University studying law. Thank you to the Barrack Heights Team who displayed all their ‘You can Do It’ skills on the day and we wish them luck on the Challenge ahead.



Mrs Maranesi
Public Speaking coordinator

Easter Hat Parade

We will be celebrating our annual Easter hat parade on Thursday 29 March at 9:30am. The parade will be located in our school hall and we invite you to join us to enjoy the show! Your child will be performing a song and dance after parading his/her Easter hat.

We are asking for you to assist your child to construct an Easter hat at home for the parade. It can be constructed and presented in any form or way that you wish. Your child is required to bring their Easter hat **on the day of the Easter hat parade.** We then invite you back to your child's class after the parade.

P&C Committee 2018

President: Kally McLean
Vice Presidents: Rosie Roach
Kendal Williams
Secretary: Erin Jongsma
Treasurer: Narelle Adams

P&C Meeting Dates

Term Two	16 May Wednesday	9:00am – 10:30am
	14 June Thursday	9:00am – 10:30am
Term Three	8 August Wednesday	9:00am – 10:30am
	13 September Thursday	9:00am – 10:30am
Term Four	24 October Wednesday	9:00am – 10:30am
	29 November Thursday	8:00am – 9:00am
	Christmas Breakfast	9:00am – 10:30am

The P&C would like to thank everyone for their donations for the Easter Guessing completion.

Don't forget your Easter Guessing Competition tickets.



2018 Sports Program Year 6 Trials

Date: Thursday March 29th, 2018
Time: 8.00am to 1.00pm

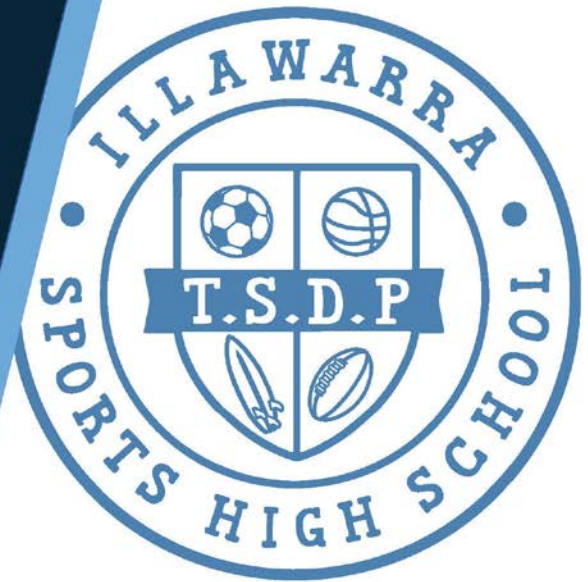


Year 6 trials are for students looking to enrol in the Talented Sports and Development Program. Students must be currently registered in a community club. Register online through school website or Facebook - applications close March 22nd.

Rugby League
Girls All Codes
Netball
Basketball
Surfing

Location: ISHS Gym, Gura St Berkeley

Sydney FC / Football South Coast Football
Location: Berkeley Sports and Social Club



Go4Fun[®]

Register now
for term 2

TERM 2 INCENTIVE
\$50
SHOPPING
VOUCHER
* conditions apply



Berkeley
Wednesdays
4:00 - 6:00pm



A fitter, happier
healthier kids
program



Health
Illawarra Shoalhaven
Local Health District

Call 1800 780 900 or visit www.go4fun.com.au

Parent/Carer Workshops

29 March - Thursday

Teachers and Community Helpers Information Session – 12:00pm – 12:20pm

Location: Library
Presenter: Ms Parkes
BHPS Instructional Leader

Communication is Key Workshop – 12:20pm – 1:00pm

Location: Library
'Communication is Key - practical ways to support children's talking, listening and literacy skills throughout primary school'.
Focus: Screen time, vocabulary, play, speech sounds, benefits of reading to your child.
Presenter: Jessica Buchelin
Speech Therapist

Kindness On Purpose – 1:45pm – 3:00pm

Location: Library
Presenter: Katrina Cavanough, AMHSW BSWBSocSc
CEO and Founder of Kindness On Purpose
Official Ambassador with World Kindness Australia

The KOP Parent workshop is a conversation with parents / carers about how to help your child if they are involved in bullying. Katrina will be talking about what really works and what doesn't work. This will be a practical conversation with real strategies you can use at home.

- How to talk to my child if they are being bullied
- How to support my child if they are being bullied
- What steps can I take if my child is the one who is bullying others.
- Bullying Q and A

YOU CAN DO IT!

Weekly Focus – “ We are organised and set goals!”

The focus for this week, is on two positive attitudes; ***Time Management and Setting Goals.***

Examples of organised behaviour:

- Having a goal to do your very best in school.
- Handing in work on time.
- Making sure you understand the teacher's instructions before beginning your work.
- Having a neat desk and schoolbag.
- School notes and information goes home and notes are returned to school.

Ways to coach organisational skills:

- It is fun and exciting to reach the goal.
- It is fun to take steps towards the goal.
- It will be helpful to us if we reach the goal.
- It will be helpful to others if we reach the goal.
- It is good practice for high school.
- It is good practice for being successful in jobs as adults.

Parent / Carers Corner

Pretend Play

Play is important for school aged children because it helps children develop their cognitive (thinking) skills. When children play they use their imagination which requires complex cognitive or intellectual processes. Factors such as curiosity and persistence, memory and thinking skills, and language and literacy skills, have strong links to play (Bodrova & Leong, 2005) Through collaborating and cooperating in play, children also learn how to negotiate and problem solve.

Here are some fun tips to remember when playing with your child

- ✓ Get down on their level (sit on the floor or under the table in their cubby with them)
- ✓ Let your child lead the play (or be the boss!).
- ✓ Be creative! Play all of the pretend games you used to play when you were little. Try doctors/shops/vets/mechanics or schools!
- ✓ Try to use different words during play for example if you are playing doctors teach your child the words 'stethoscope' and 'injection'.
- ✓ Have fun! Try not to have too many rules!

EASTER

GUESSING COMPETITION

FABULOUS PRIZES TO BE WON



**Drawn at
Easter
Hat Assembly**

**Thursday
29th March
at 9:30am**

\$1 per ticket

Booklets sent home
with students

**Please return tickets
and money to the
black box in the office
by **Monday 26th March****

**Every booklet sold
puts you into the draw
to win a prize**

Thursday 29th March

11:10am to 11:50am



Sausage Sizzle
\$2

Soft Drinks
\$1.50

Juice Poppers
\$1